



## Request for Proposals

### **ABOUT THE FOUNDATION:**

The mission of the Live Well Foundation is to inspire through grant-making, sustainable initiatives that enhance the health and wellness of the South Lake Community. It is the intent of the Foundation to establish strategic partnerships to meet these quality-of-life goals.

### **ORIGINS LIVE WELL FOUNDATION OF SOUTH LAKE:**

In 1995, South Lake Memorial Hospital and Orlando Health entered into a landmark partnership, becoming equal stakeholders in South Lake Hospital, Inc., a not-for-profit organization supported, in part, by the South Lake Hospital Taxing District. This collaborative governance structure guided the hospital's operations for more than two decades. In 2018, a pivotal transition occurred when Orlando Health and South Lake Hospital executed an agreement transferring the final seat on the Board of Directors to Orlando Health. That transaction prompted the creation of **the Live Well Foundation of South Lake, Inc.**, a 501(c)(3) healthcare conversion foundation established to preserve and advance the community's investment by continuing to support health and wellness initiatives for residents within the former South Lake Hospital Taxing District. In response to evolving IRS regulations, the Foundation further matured its governance and operational structure in 2025, formally becoming a private foundation.

### **HOW TO APPLY FOR LIVE WELL FOUNDATION SUPPORT:**

- Kindly register your organization using our Grants Portal at <https://www.grantinterface.com/Home/Logon?urlkey=lwfsl> to complete the application.
- Please ensure all sections of the application are submitted by the stated deadline; late or incomplete applications cannot be reviewed.
- A completed profile and application are required for funding consideration.
- Please ensure all sections of the application are submitted by the stated deadline; late or incomplete applications cannot be reviewed.
- If you need assistance with the online system or technology, our team is happy to help—please email us at [grant@LWFSL.org](mailto:grant@LWFSL.org).

Critical Issue  
Targeted Grant:  
**Nutrition and  
Healthy Eating**

### **RFP RELEASE/OPEN DATE:**

Week of April 1, 2026

### **APPLICATION DEADLINE:**

May 15, 2026 at 11:59 p.m.  
(Incomplete or late application cannot be accepted.)

### **APPLICANT INTERVIEWS:**

July 14, 2026 – by invitation

### **AWARD NOTIFICATIONS:**

Week of July 27, 2026

### **GRANT AMOUNTS:**

\$50,000 - \$250,000

\$250K + multi-year grants will be considered on case-by-case basis.

Access the Grants Portal at

[www.LWFSL.org](http://www.LWFSL.org)

*To apply, each organization must be a registered user. If you have any questions or if assistance is needed with the Grants Portal, contact the Foundation directly at [Grant@LWFSL.org](mailto:Grant@LWFSL.org) or [Donna.Kirtland@lwfsl.org](mailto:Donna.Kirtland@lwfsl.org)*

## CRITICAL ISSUE OR AREA OF SUPPORT: NUTRITION AND HEALTHY EATING

Nutrition and healthy eating grants will support projects related to food access, food pantry, food banks, nutrition, food scarcity, feeding, agriculture/gardening, and programs around access to healthy foods.

These may include (but are not limited to):

- **Access to Nutritious Food** - Ensuring individuals and families have consistent access to affordable, culturally appropriate, and nutrient-dense foods that support physical and mental health.
- **Nutrition Education and Skill Building** - Programs that build knowledge and practical skills related to healthy eating, meal planning, cooking, and food literacy across the lifespan.
- **Food Security and Stability** - Initiatives that reduce hunger and food insecurity through meals, food distribution, benefits navigation, or community-based feeding programs.
- **Equitable and Sustainable Food Systems** - Community-driven efforts that address systemic barriers to healthy eating, including food deserts, transportation challenges, and inequitable food environments.

## GRANT PURPOSE:

Grants are intended to strengthen the social and public sectors in support of the Foundation's mission. As part of the online application process, applicants are required to answer eligibility questions and provide complete, detailed information in their submissions.

- ✓ Create profound system changes that benefit the residents of the South Lake County service area by establishing partnerships and collaborating with nonprofit organizations.
- ✓ Enhance the long-term health and wellness of the community by confronting any of the healthcare issues as identified in the Community Health Needs Assessment. (i.e. access to primary care: medical and dental, mental illness, substance abuse, obesity, diabetes, access to food and nutrition, et al.).
- ✓ Have detailed descriptions of the projects goals and strategies including any collaborating partnerships, and a budget narrative that is sustainable over multiple years.
- ✓ Either launch new initiatives and services, expand current successful projects, or collaborate with appropriate healthcare agencies in compliance with the founding documents of the Live Well Foundation of South Lake County.
- ✓ Initiate projects in collaboration with nonprofit organizations that will affect positive changes in the health and wellness of the South Lake Community.
- ✓ Targeted healthcare projects may include, but are not limited to:
  - Initiatives to meet the needs of the under-insured population.
  - Developing and new healthcare services.
  - Expanding current healthcare initiatives.
  - Health education and training opportunities.
  - Improving primary medical and dental care access.

## ELIGIBILITY CRITERIA:

The Live Well Foundation of South Lake will financially support, through a grant process, organizations that are:

- Focused on the targeted area of support outlined above.
- Mission compatible organizations with more than three (3) years of IRS Form 990 filings (990N e-postcard does not count as 990 Filing).
- 501(c)3 tax-exempt not-for-profit organizations or and Section 509(a) working to enhance health and wellness in South Lake County, Florida to include:
  - Clermont
  - Groveland
  - Mascotte
  - Montverde
  - Minneola
  - Four Corners area serving South Lake County, Florida
  - Unincorporated South Lake County
- Focusing on the same areas of interest as the Live Well Foundation of South Lake to include:
  - Access to health and wellness services
  - Advocacy for health and wellness
  - Medical services

## REVIEW AND SELECTION CRITERIA:

- ✓ The proposal addresses the critical issue and area of support outlined by Live Well Foundation above.
- ✓ The project aligns with Live Well Foundation's mission to inspire sustainable initiatives that enhance the health and wellness of the South Lake Community.
- ✓ The organization's infrastructure (including governance, leadership, staffing, program, and fiscal management) is adequate to ensure the grant's success.
- ✓ The proposal strengthens the organization's ability to improve population health in South Lake County.
- ✓ The organization has the necessary partnerships with consultants, experts, or partner organizations to complete the proposed project.
- ✓ The evaluation plan is detailed enough to assess the project's success.
- ✓ The budget is clearly aligned with the proposed activities.
- ✓ The project aligns with the current Lake County Community Health Needs Assessment or the Community Health Improvement Plan.
- ✓ There is a sustainability plan to ensure the project continues after the Foundation's support ends.
- ✓ The project demonstrates high levels of collaboration among and across sectors/systems and beyond the silos of individual organizations.

## GEOGRAPHIC LIMITATIONS:

The Live Well Foundation of South Lake welcomes grant requests from otherwise eligible tax-exempt organizations under Internal Revenue Code Sections 501(c)(3) and Section 509(a) providing services within the South Lake region: Clermont, Groveland, Mascotte, Montverde, Minneola, and the Four Corners and other unincorporated areas serving South Lake County, Florida.

## GRANT LIMITATIONS:

In order to be good stewards of Live Well Foundation's resources and enhance the health & wellness of many South Lake residents, the foundation will exclude grant-making to organizations whose services are not within the geographic limitation. [The Foundation will ordinarily deny grant requests to:](#)

- ✘ Political activity or organizations or groups that carry on propaganda or otherwise attempt to influence political campaigns.
- ✘ Other endowments or grant agencies/foundations for ultimate distribution to organizations or programs selected by such agencies or foundations.
- ✘ Individuals seeking scholarships, travel assistance, or conference fees for seminars or meetings.
- ✘ For-profit organizations and from primarily tax-supported institutions, or their 'support' foundations (more than 50% government funding of the operations or project indicates 'chiefly tax-supported') or to continue dropped or discontinued government funded programs or projects until at least one (1) year or more of 51% private funding has been completed successfully.
- ✘ Annual fund drives for any organization.
- ✘ Deficit financing and debt reduction or routine operating expenses.
- ✘ Organizations that discriminate based on race, creed, gender, sexual orientation or disability.
- ✘ Organizations which limit services to any one religious group or members of a specific sectarian perspective.
- ✘ For foreign organizations or for foreign expenditure. For this purpose, 'foreign' means outside the United States, or its territories and possessions, whether the organization itself is U.S. based or foreign based.
- ✘ Sponsorships, special events, advertising or group trips, unless part of community health needs identified and financially supported by the foundation.
- ✘ For chiefly church, sacramental, denominational or inter-denominational purposes, except outreach projects for elderly, indigents, needy, youth, or homeless regardless of belief, race, color, creed, or sex.
- ✘ For exclusive travel projects, fellowships, or endowed chairs not part of a larger project proposal.
- ✘ Organizations with fewer than three (3) years of IRS Form 990 filings are ineligible; Form 990-N filings do not count toward this requirement.